

## APPETIZERS

### Hot Spinach & Artichoke Dip 10

Spinach, artichoke hearts, cream cheese, shallots, asiago cheese, mini naan bites

### Zucchini Sticks 9

House made & panko breaded, house blended seasoning, tzatziki sauce

### Chicken Quesadilla 9

Beer can pulled chicken, cheddar & monterey jack cheeses, scallions, tomatoes, flour tortilla, sour cream

### Chicken Wings 14½

10 wings, choice of sauce: dry pepper, hot, phillips blue buck bbq, spicy mango, honey sriracha

**Add artisan blue cheese dip +1**

### Wicket Nachos 16 GF

Cheddar & monterey jack cheeses, tomatoes, scallions, fresh jalapeño peppers, black olives, sour cream, tomato salsa **Add house made guacamole +3 mexican taco beef +5 beer can pulled chicken +6 roasted corn & black bean salsa +3**

## SOUPS & SALADS

### Chicken Corn Chowder 9 (bowl) 6 (cup) GF

Beer can pulled chicken, smoked chicken stock, potatoes, vegetables, cream, roasted corn, fresh cilantro

### Vegetable Spiral Salad 12 GF

Strips of zucchini, carrot & beet, slivered almonds, goats feta cheese, grape tomatoes, baby spinach, mango vinaigrette **Add grilled chicken +6 prawns +6 salmon filet +8**

### Steak & Goat Cheese Salad 17¾ GF

Certified angus beef® sirloin steak, okanagan goat & cream cheese, artisan greens, cucumbers, grape tomatoes, sprouts, red onions, choice of dressing

### Summer Spinach Salad 13 GF

Baby spinach leaves, okanagan goat cheese, fresh strawberries, blueberries, slivered almonds

### Salmon Salad 17 GF

Ocean wise™ salmon filet marinated with a tarragon white wine butter sauce, artisan greens, red grapes, toasted sunflower seeds, red onions, cucumbers, goat feta cheese

### Summer Chicken Salad 16¼ GF

Grilled chicken breast, strawberries, almonds, artisan greens, cucumbers, grape tomatoes, red onions, asiago cheese

### Quinoa Powerhouse Salad 14¼ GF

Fresh kale, broccoli, shredded brussel sprouts, radicchio, goat feta cheese, apple, quinoa, cucumbers, red onions

**Dressings:** artisan blue cheese, ranch, white balsamic & pear, mango, lemon & olive oil

## THE LIGHTER LUNCH

### Croissant Sandwich 10

Croissants baked in house, daily creation; choice of side

### Pulled Chicken Tacos 10

lettuce chiffonade, roasted corn & black bean salsa, chipotle aioli, fresh lime

### ½ Summer Salad 11 GF

### ½ Bánh Mi Pizza & Green Salad 12 GF

Crispy vietnamese marinated pork belly, pickled vegetables, cucumber, mozzarella cheese, cilantro, honey sriracha sauce **Gluten friendly pizza shells available from portofino bakery +3**

### ½ Chicken & Chorizo Pizza & Green Salad 11 GF

Beer can pulled chicken, artisan chorizo sausage, organic tomato sauce, fresh basil leaves, mozzarella cheese **Gluten friendly pizza shells available from portofino bakery +3**

## ADD ONS

Add these to any meal to truly make it your own

**6oz Certified Angus Beef® Sirloin Steak 9**

**4oz Ocean Wise™ Pacific Cod Filet 6**

**Oven Roasted Portobello 4**

**Grilled Chicken Breast 5**

**Okanagan Goat Cheese 3**

**Ocean Wise™ Salmon Filet 8**

**Ocean Wise™ Prawns 6**

# BURGERS & SANDWICHES

Make any burger or sandwich into a wrap for no charge

Gluten friendly buns available from portofino bakery +1 

## Certified Angus Beef® Burger 14½

Grilled certified angus beef® blended with salt & pepper, tomatoes, red onions, pickle, artisan bun; choice of side

*Add smoked applewood cheddar, caramelized onions, double smoked bacon or sautéed mushrooms +2*

## Grilled Chicken Club Wrap 16¼

Grilled chicken breast, double smoked bacon, smoked applewood cheddar, lettuce, tomato, mayonnaise, tomato tortilla; choice of side

## Pulled Chicken Grilled Cheese Sandwich 16

Slow roasted beer can pulled chicken, roasted red bell peppers, cheddar, monterey jack & cream cheeses, sourdough bread; choice of side

## Portabella Mushroom Ciabatta 14

Fire grilled portabella mushroom, spinach, goat cheese, basil pesto aioli, red onions, mayonnaise, oven roasted tomatoes; choice of side

## Porchetta Baguette 17

Pork loin wrapped in cracked pork belly, garlic, herbs, micro arugula, red onions, chimichurri sauce, warm garlic buttered baguette; choice of side

## Bánh Mi 17

Crispy vietnamese marinated pork belly, pickled vegetables, cucumber, mayonnaise, cilantro, honey sriracha sauce, warm garlic buttered baguette; choice of side

## Salmon Spinach Flatbread 17

Ocean wise™ salmon filet marinated with a tarragon white wine butter sauce, basil pesto aioli, baby spinach leaves, red onion, grilled naan bread; choice of side

## Baron Of Beef 16

Certified angus beef® roast, au jus, warm garlic buttered baguette; choice of side

*Add smoked applewood cheddar, caramelized onions, double smoked bacon or sautéed mushrooms +2*

**Sides:** daily soup, fries, fresh vegetables or artisan green salad

**Substitutions:** chicken corn chowder, strawberries, spinach or powerhouse salad +2  
onion rings, poutine or sweet potato fries with chipotle aioli +3

**Extras:** house made gravy, double smoked bacon, smoked applewood cheddar, caramelized onions, sautéed mushrooms or garlic toast +2

**Dips:** chimichurri, sriracha aioli, chipotle aioli +1

# PUB SPECIALTIES

## Pacific Cod & Chips 14 (1 filet) 18 (2 filets)

4oz ocean wise™ pacific cod filet, traditional ale batter, slaw, house made tartar sauce

## Baked Mac & Cheese 15

Aged cheddar, swiss & asiago cheeses, panko crumb topping, garlic toast

*Add double smoked bacon +2 broccoli +2 beer can pulled chicken +5*

## Ribs & Fries 16

Slow cooked fall off the bone st. louis ribs, phillips blue buck bbq sauce, cajun dusted french fries, corn bread

## Sirloin Steak Sandwich 18¼

Certified angus beef® sirloin steak, mushrooms, onion ring, garlic buttered baguette; choice of side

# AT LAST....

## Chocolate Brownie 7

House made dark chocolate brownie, vanilla ice cream, chocolate sauce, candied pecans

## Cheesecake 7½

Seasonal flavours, whipped cream

## Apple Crumble 6½

Granny smith apples, raisins, spices, streusel topping, caramel sauce, whipped cream

