

APPETIZERS

hot spinach & artichoke dip 10

spinach, artichoke hearts, cream cheese, onions, asiago cheese, warm naan bread

zucchini sticks 9

house-made & panko breaded, house seasoning, ranch dressing

cod tacos 11

ocean wise™ cod, cajun spices, shredded lettuce, roasted corn & black bean salsa, chipotle aioli, cilantro, fresh lime

cajun chicken quesadilla 9

flour tortilla, cajun chicken, cheddar & monterey jack cheeses, scallions, tomatoes, sour cream

chicken wings 14¾

10 wings, choice of sauce: dry pepper, hot, bbq, asiago & garlic rub **add: artisan blue cheese dip +1**

wicket nachos 17 GF

cheddar, monterey jack, tomatoes, scallions, pickled jalapeño peppers, black olives, sour cream, tomato salsa
add: house made guacamole +3 mexican taco beef +5 cajun chicken +6 roasted corn & black bean salsa +3

SOUPS & SALADS

seafood chowder 9 (bowl) 6 (cup) GF

ocean wise salmon, cod and clams, root vegetables, potatoes, potato starch thickened tarragon fennel cream

cobb salad 16¾ GF

iceberg lettuce, hardboiled egg, snow peas, toasted almonds, grilled chicken breast, double smoked bacon, blue cheese, grape tomatoes, avocado

steak & goat cheese salad 18½ GF

certified angus beef® sirloin steak, okanagan goat & cream cheese, artisan greens, cucumbers, grape tomatoes, red onions; choice of dressing

autumn chicken salad 16¾ GF

grilled chicken breast, apple, toasted almonds, artisan greens, cucumbers, grape tomatoes, red onions, asiago cheese; choice of dressing

spinach salad 15 GF

candied pecans, baby spinach leaves, red onions, button mushrooms, grape tomatoes, asiago cheese, white balsamic & pear dressing

ancient grain power salad 14 GF

artisan greens, dried cranberries, grapes, red quinoa, millet, faro, wheat berries, feta cheese, cucumber, red onion, black cherry vinaigrette **add: smoked tofu +3 sautéed prawns +6 steak +9 chicken +6**

dressings: artisan blue cheese, ranch, white balsamic & pear, black cherry vinaigrette, lemon & olive oil

THE QUICK BITE

croissant sandwich 10

croissants baked in house, daily creation; choice of side

chicken strips & salad 10

house made, panko breading, choice of sauce: plum, honey mustard, hot or bbq

cajun chicken quesadilla & salad 10

flour tortilla, cajun chicken, cheddar & monterey jack cheeses, scallions, tomatoes, sour cream, side salad, choice of dressing

grilled cheese 10

house smoked cheddar cheese, sourdough bread; choice of side

chimichanga & salad 10

spiced beef, roasted onions & bell peppers, nacho cheese, crisp tortilla, sour cream, side salad

½ buffalo chicken ranch pizza & salad 10

chicken breast, double smoked bacon, tomatoes, cheddar & monterey jack cheeses, ranch dressing, side salad; choice of dressing **gluten friendly pizza shells available +3**

½ italian deluxe pizza & salad 10

basil infused marinara sauce, pepperoni, italian crumbled sausage, bell peppers, red onions, mushrooms, mozzarella cheese, side salad; choice of dressing **gluten friendly pizza shells available +3**

ADD ONS

6oz certified angus beef sirloin steak 9
ocean wise™ prawns 6

crispy smoked tofu 3
okanagan goat cheese 3

grilled chicken 6

BURGERS & SANDWICHES

make any burger or sandwich into a wrap for no charge.

gluten friendly buns available +2

certified angus beef® burger 14½

certified angus beef® blended with salt & pepper, fire grilled, tomatoes, lettuce, red onions, pickle, mayonnaise, sesame kaiser bun; choice of side **add:** *smoked applewood cheddar, caramelized onions, double smoked bacon, sautéed mushrooms* +1 each

grilled chicken club wrap 16¾

grilled chicken breast, double smoked bacon, smoked applewood cheddar, lettuce, tomato, mayonnaise, spinach tortilla; choice of side

hot beef sandwich 17

slow roasted & deli shaved certified angus beef®, garlic buttered baguette, sautéed button mushrooms, rich beef gravy; choice of side

mom's meatloaf sandwich 16

bacon wrapped and slow roasted certified angus ground beef®, celery, carrot, onion, mom's seasonings, bbq glazed, open faced, mushroom gravy; choice of side

wicket umami wrap 15

sautéed shiitake, portabella, button & oyster mushrooms, lightly smoked and fried tofu, miso aioli, pea shoots, red onions, cucumber, spinach tortilla wrap; choice of side

nashville hot chicken sandwich 16¾

spicy marinated & cornflake breaded chicken, honey cayenne glaze, tomato, red onion, mayonnaise, sesame kaiser bun; choice of side

baron of beef 17

slow roasted and deli shaved certified angus beef®, au jus, garlic buttered baguette; choice of side **add:** *smoked applewood cheddar, caramelized onions, double smoked bacon, sautéed mushrooms* +1 each

sirloin steak sandwich 18¼

certified angus beef® sirloin steak, button mushrooms, onion ring, garlic buttered baguette; choice of side

sides:	daily soup, fries, fresh vegetables or artisan green salad
substitutions:	seafood chowder, spinach or ancient grain salad +2 onion rings, poutine or sweet potato fries with chipotle aioli +3
extras:	double smoked bacon, smoked applewood cheddar, caramelized onions, sautéed mushrooms +1 house made gravy, or garlic toast +2
dips:	chipotle or miso aioli, ranch +1

PUB SPECIALTIES

fish & chips 15 (1 fillet) 19 (2 fillets)

4oz ocean wise™ cod fillet, traditional ale batter, slaw, house made tartar sauce

baked mac & cheese 15

aged cheddar, swiss & asiago cheeses, panko crumb topping, garlic toast

add: *double smoked bacon* +1 *broccoli* +1 *chicken* +6

jambalaya 18

ocean wise™ prawns, artisan chorizo sausage, pan seared chicken, bell peppers, onions, house made creole sauce, brown rice, roasted corn & black bean salsa

pumpkin curry beef stuffed yorkie 17½

slow braised certified angus beef®, pumpkin curry sauce, root vegetables, mango chutney, fresh garden salad

AT LAST...

piña colada pie in a jar 6

pineapple, whipped cream, cream cheese, coconut, in a mason jar

cheesecake 7½

seasonal flavours, whipped cream

carrot cake 6

house-made, cream cheese icing

Please note that a 17% gratuity will be automatically added for groups of more than 10 people.